

# Armour of God

## Truth: The Armour of God: "Suit up"

The Apostle Paul in [Ephesians 6: 13-18](#) "Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. 14 Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, 15 and, as shoes for your feet, having put on the readiness given by the gospel of peace. 16 In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; 17 and take the helmet of salvation, and the sword of the Spirit, which is the word of God, 18 praying at all times in the Spirit, with all prayer and supplication." Outlines for us the posture, position and practical way we need to have in order to do what the word of God says we must do; "fight the good fight of faith". The picture that Paul uses is that of a Roman Soldier, and the "armour" that they would employ in order for them to be ready for battle. I.e. if the soldier was called to war he would be equipped and ready to engage. In the same way we Christ followers, are called to be willing to fight for our commander, and for the faith that has been given to us stand in and walk in. We will be contested every step of the journey of faith, and we need to know and employ the spiritual substances that God has provided to us for this journey in this world. [Ephesians 6; 12](#) "For we do not wrestle against flesh and blood," It is a spiritual battle that we are engaged in.

1. Truth is a person: [John 14:6](#) "I am the way, the truth and the life. No one comes to the Father except through me." Jesus made this statement about himself, that takes truth from just being a set of facts, but also a person who is the embodiment of and author of truth. Truth flows out of and from Him.
2. Truth is a Spirit: I.e. truth is spiritual and has its origins in the spiritual realm. The natural realm can reflect truth, but it isn't the originator of truth. [John 14:17](#); [John 15:26](#); [John 16:13](#) all three verses refer to the Holy Spirit at the Spirit of Truth. Again it is a person, whose existence is declared by Jesus at the "Spirit" the Essence of truth. Jesus taught his followers then that the Holy Spirit would live inside them and speak and disclose to them Truth.
3. Truth is the Word: [John 17:17](#) "Sanctify them in the truth; your word is truth" Jesus is saying that the means for setting followers apart from other people is the presence of God's word, called "Truth." God has obligated himself to perform his word, to watch over it and insure its sacredness.
4. Truth is the foundation to freedom: [John 8:31-32](#) "Jesus said to the Jews who had believed in him, "if you abide in my word, you are truly my disciples, and you will know the truth, and the truth will set you free." Jesus was saying to those who had heard his message and responded, that the freedom that came with believing in him was tied to adherence and the willingness to live within the boundaries of God's word, which is truth. Freedom is directly tied to one's acceptance and obedience to God's word of truth.
5. Truth and Grace are companions: [John 1:14](#) "And the word became flesh and dwelt among us, and we have seen his glory, glory as of the only Son from the father, full of grace and truth." This is important. Truth and grace complete each other. Jesus was filled with both. Paul in Ephesians was saying that truth is something we need to be armed with in order to stand up to the spirit of this age and not shrink back or away from engaging in a full on followership of our Lord and Saviour Jesus Christ. Let's embrace the Holy Spirit's work in our lives more fully.

# Changepoint.